

# **Welcome!**

**2008 Nurse Leadership in Native Care Conference**

**May 12-15, 2008**

## **New Directions in the New Frontier: Education, Evidence and Empowerment**

***Anchorage, Alaska***

The Alaska Native Medical Center, the Indian Health Service (IHS) Division of Nursing and the IHS National Nurse Leadership

Council invite you to Anchorage to our 2008 NLINC Nursing Conference. The theme selected for this year's conference, "New Directions in the New Frontier: Education, Evidence and Empowerment" will highlight leadership, evidence-based practice and empowerment for nurses practicing in ambulatory, inpatient and public health settings. The conference planning committee has put together an exceptional program for us. We hope you will be part of this gathering of nursing professionals from across the nation as we join together to move in "New Directions."

Conference highlights include opportunities to network with colleagues, launch new friendships and reconnect with old friends, enjoy the stimulation of new ideas and insights, participate in interactive workshops, earn nursing continuing education credits, and view posters on evidence-based practice, best practice, education and research projects.

Who should attend? Nurse administrators, directors of public health nursing, inpatient care nurses, ambulatory care nurses, nurse educators, public health nurses, advanced practice nurses working in Alaska Native/American Indian health programs and students in LPN, ADN, BSN, or Master's nursing programs, and others interested in enhancing patient care are invited to participate in this conference experience.

Please join us in Anchorage this May to learn, share, and renew your excitement for the challenges and rewards of nursing.

### **CURRICULUM**

The agenda will include plenary and concurrent workshop sessions and poster presentations on a variety of clinical and public health nursing topics focused on leadership, education, evidence-based practice and best practices. On Tuesday afternoon, conference participants will be transported to Alaska Native Medical Center to tour the Magnet Hospital which houses the largest collection of Alaska Native artwork in the world as well as network with staff nurses as they share their Magnet Nursing experience.

### **ACCREDITED SPONSOR**

Alaska Native Medical Center is an approved provider of continuing education by the Alaska Nurses Association, an accredited approver by the American Nurses Association Credentialing Center's Commission on Accreditation. Provider Number AP-06-002. This activity is approved for a maximum of 18.25 contact hours (2007).

## Keynote Speakers

### **Phyllis Beck Kritek, RN, PhD, FAAN**



A nationally and internationally known nurse scholar and writer, Phyllis Beck Kritek is sought as a speaker and consultant on conflict resolution, organizational development, leadership development, gender and diversity communications, generational relationships, and globalization. Dr. Kritek is frequently engaged as a facilitator by organizations and health care agencies seeking to create effective strategic changes. She is noted for her unique ability to create conceptual maps that assist individuals and groups in grappling with challenges and dilemmas.

Dr. Kritek is published extensively in peer-reviewed journals and books. She has produced two books on subjects that have become widely associated with her professional foci: conflict resolution and healing. *Negotiating at an Uneven Table: Developing Moral Courage in Resolving Our Conflicts* (published in 1994 by Jossey-Bass Publishers, with a second edition published in 2001) has been translated into Arabic and Spanish and is used internationally as a resource for addressing conflicts among participants with uneven power bases. Dr. Kritek was on the leading

edge of the shift to a healing focus in health care. As part of her work in developing a doctoral curriculum focused on healing, she facilitated, edited, and was a contributor to the book, *Reflections on Healing: A Central Nursing Construct* (NLN Press, 1996). Dr. Kritek has served on the editorial board of several nursing journals and was the editor of *Nursing Forum* from 1989–1992.

### **Marita Titler, PhD, RN, FAAN**

Dr. Marita G. Titler, PhD, RN, FAAN, serves as Senior Assistant Director at the University of Iowa Hospitals and Clinics (UIHC), Director of Research, Quality, and Outcomes Management in the Department of Nursing Services and Patient Care at UIHC and a Clinical Professor at the University of Iowa College of Nursing. Her current program of research focuses on translation science, interventions to improve outcomes of adults with chronic illnesses, and dissemination of evidence-based practice guidelines for the elderly. She is currently a member of the, Institute of Medicine Forum on the Science of Health Care Quality Improvement and Implementation, the AHRQ HCTDS study section and the Appalachian Regional Healthcare Board of Trustees.



Dr. Titler is a fellow in the American Academy of Nursing and has published and spoken nationally and internationally on evidence-based practice, outcomes management, and translation science. She has served as chair of the American Association of Critical Care Nurses National Research Committee, is a past member of the Research Coordinating Committee of the American Lung Association, and past chair of the Program Planning Committee for the Nursing Assembly of ATS and MNRS. She is a past member of the International Evidence-Based Working Group of Sigma Theta Tau International, and is currently a member of the 1) Sigma Theta Tau International's Research & Scholarship Advisory Council, 2) VA HCS National Evidence-Based Practice Work Group, and 3) Stroke QUERI External Advisory Committee.

### **Greg Crow, EdD, RN**



Dr. Gregory Crow has over 25 years of experience in health care in a variety of roles and settings. His clinical experience includes cardiology, ob/gyn, labor and delivery, and psychology. Dr. Crow's administrative and leadership positions have included clinical supervisor, director of nursing and assistant hospital administrator for patient care services for a multi-hospital system. Emeritus Professor, and Director of Graduate Programs in Nursing Administration, Education and Case Management at Sonoma State University, he has been a senior consultant for Tim Porter-O'Grady Associates, Inc. for over 12 years.

Dr. Crow is a member of Sigma Theta Tau International, the Association of California Nurse Leaders, and Alpha Sigma Nu and is one of seven international editors of the Sigma Theta Tau International monograph series. He served as a Director at Large for the Oncology Nursing Society.

Dr. Crow consults internationally in organizational and systems development, creating motivating work environments, transformational change and the implementation of shared governance systems. He presents on these topics at state, national and international conferences. Dr. Crow's publications appear

in a wide variety of professional nursing journals and textbooks. Greg is considered an expert on 21st Century management roles and skills and is one of the most popular teachers in the Tim Porter O'Grady management development programs.

# Program Agenda

## MONDAY MAY 12, 2008

- 7:00 AM-6:30 PM      **Registration**  
1:00 PM-6:00 PM      **Exhibit/Poster set-up**  
8:00 AM-5:00 PM      **Pre-conference:** Conflict Transformation: Phyllis Beck Kritek, RN, PhD, FAAN

## TUESDAY MAY 13, 2008

- 7:00 AM-5:00 PM      **Registration**  
10:45 AM-1:00 PM      **Consultation with Phyllis Beck Kritek by appointment**  
8:00 AM-9:00 AM      Welcome  
9:00AM-10:30 AM      **Keynote:** Dealing with Conflict: Phyllis Beck Kritek, RN, PhD, FAAN  
10:30 AM-10:45 AM      Break  
10:45 AM-12:00 PM      General Session: End of Life Care and Grief Support: Rona Johnson, RN  
12:00 PM-2:00 PM      Lunch on your own  
1:00 PM-2:00 PM      Transportation to ANMC  
2:00 PM- 5:30 PM      Small Group Activities(Groups will rotate through all activities):  
Presentation: Sustaining Excellence: the Role of the Interdisciplinary Magnet Champion --  
Rebecca Hamel, RN, BSN, CPAN and Magnet Champions  
Primary Care Center Tour  
ANMC Hospital Tour  
5:30 PM-6:30 PM      Reception  
6:30 PM      Transportation back to hotel

## WEDNESDAY MAY 14, 2008

- 7:00 AM-5:00 PM      **Registration**  
11:15 AM-5:00 PM      **Consultation with Marita Titler by appointment**  
11:15 AM-5:00 PM      **Consultation with Commissioned Officer Specialist by appointment**  
8:00 AM-8:45 AM      Welcome  
8:15 AM-9:45 AM      **Keynote:** Evidence-Based Practice: Strategic Milestones and Future Directions Marita Titler,  
PhD, RN, FAAN  
9:45 AM – 10:00 AM      Break  
10:00 AM – 11:00 AM      General Session: Networking Circles: How Can We Use Evidence for Indian Health (groups  
will be broken out for PHN, Inpatient and Ambulatory Care): Julie McNulty, RN, MSN; Karen  
Wainwright, RN, MPH, CCRP; Mary Logan, RN, PhD  
11:00 AM – 11:15 AM      Break  
11:15 AM – 12:15 AM      Concurrent 1: Tracks for Public Health, Inpatient and Ambulatory Care Nurses  
12:15 PM-1:30 PM      LUNCH on Your Own/Posters & Exhibits  
1:30 PM-2:30 PM      General Session:Mandatory Error Reporting: Implications for Nurses: Thomas J. Hendrix, RN,  
PhD  
2:30 PM-2:45 PM      Break  
2:45 PM-3:45 PM      Concurrent 2: Tracks for Public Health, Inpatient and Ambulatory Care Nurses  
3:45 PM-4:00 PM      Break  
4:00 PM to 5:00 PM      Concurrent 3: Tracks for Public Health, Inpatient and Ambulatory Care Nurses  
5:15 PM to 6:15 PM      Transportation to Alaska Heritage Center  
5:30 PM-9:30 PM      Alaska Heritage Center: Tour, dinner, entertainment  
8:30 PM-9:30 PM      Transportation to hotel

## THURSDAY – MAY 15, 2008

7:00 AM-12:00 PM	Registration
10:00 AM-1:00 PM	Consultation with Greg Crow by appointment
10:00 AM-1:30 PM	Consultation with Commissioned Officer Specialist by appointment
8 AM-8:15 AM	Welcome
8:15 AM-9:45 AM	<b>Keynote::</b> New Frontiers: Leaders Leading the Way: Greg Crow, RN, EdD
9:45 AM-10:00 AM	Break
10:00 AM-11:00 AM	General Session: Pandemic Influenza and Pregnant Women – Critical Roles for Nursing Leadership: Kitty MacFarlane, CNM, MPH
11:00 AM – 11:15 AM	Break
11:15 AM – 12:15 PM	General Session: Diabetes Medications: Old and New: Anne Marie Mayer, NP, MPH
12:15-1:30 PM	LUNCH on Your Own/Posters & Exhibits
1:30 PM-3:15 PM	<b>Closing:</b> Empowerment: The Only Way to Reach the New Frontier: Greg Crow, RN, EdD
3:15 PM	Conference Closing
3:30 PM – 7:00 PM	NNLC Meeting

## Special Events

- **WELCOME RECEPTION**  
Monday, May 12, 2008  
6:00 PM to 7:30 PM  
Captain Cook Hotel
- **ANMC RECEPTION**  
Tuesday, May 13, 2008  
5:30 PM to 6:30 PM  
Alaska Native Medical Center
- **AWARDS BANQUET**  
Wednesday, May 14, 2008  
5:30 PM to 9:30 PM  
Alaska Native Heritage Center

Enjoy a tour of the center and Alaska Native Entertainment in addition to dinner.

<http://www.alaskanative.net/>

**Note:** There will be an additional charge of \$30 for participation at this event. The charge will cover transportation, a tour of the facility, entertainment and dinner.



## CONSULTATION SESSIONS WITH KEYNOTE SPEAKERS

As a special service to our participants, our keynote speakers have agreed to make themselves available for 30 to 60 minute consultation sessions for individuals or groups during the conference. There are only a limited number of consultation sessions available. If you would like to meet with one of the speakers, contact Casie Williams ([cwilliams@anmc.org](mailto:cwilliams@anmc.org)) to reserve a slot.

## COMMISSIONED OFFICER CAREER COUNSELING

If you're a member of the Commissioned Corp, interested in joining, or supervise a Corp member, will provide a limited number of opportunities for 30 minute sessions to meet with a Commissioned Corp career counselor. Contact Casie Williams ([cwilliams@anmc.org](mailto:cwilliams@anmc.org)) to reserve a slot.

## STUDENT NURSE SESSION

We encourage student nurses to participate in the educational sessions with the rest of the participants for the majority of the conference. IN addition, we will be having a special panel discussion for student nurses entitled "Opportunities in Indian Health Service" on Wednesday afternoon from 4:00 PM to 5:00 PM.

## DOOR PRIZE DRAWINGS

We will be having door prize drawings throughout the conference and would like participants to bring gifts unique to their area to be used for these drawings. Anyone donates a prize will receive an extra ticket for the drawings.



Nurse Leaders in Native Care (NLiNC) Symposium 2008  
**New Directions in the New Frontier:  
Education, Evidence and Empowerment**  
May 12-15, 2008  
**REGISTRATION FORM**

Registration Fees:	Students*	All Others
Full Conference	\$50	\$100
One day (circle) Tu W Th	\$25	\$50
Two days (circle) Tu W Th	\$40	\$75

\* Students must send a copy of a valid student ID or a letter from the Program Director validating the student status.

Name (Include badge credentials): \_\_\_\_\_

Home Address: \_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_

Zip Code: \_\_\_\_\_

Daytime Phone: ☐ Home ☐ Work: \_\_\_\_\_

E-mail (REQUIRED): \_\_\_\_\_

Employer: \_\_\_\_\_



☐ Check here if you have a disability/require special assistance. We will contact you.



☐ Check here if you will be bringing your own conference bag. Extra bag(s) to share? \_\_\_\_\_



☐ Check here if you will be donating a prize for the door prize drawings

**To Register:**

- Email the information requested above to Casie Williams at [cwilliams@anmc.org](mailto:cwilliams@anmc.org), and then submit fee **OR**

- Fax or mail registration form, along with Credit Card Approval Form, purchase order, SF 182 or check (checks payable to ANTHC) to:

Casie Williams  
Alaska Native Medical Center  
4315 Diplomacy Drive  
Anchorage, AK 99508  
Phone: 907-729-2936  
Fax: 907-729-2938

Call or e-mail Casie if you  
have any questions  
regarding the conference.

**Special Events:**

Please indicate if you will be attending these special events:

- ☐ Pre-conference: "Conflict Transformation" May 12, 2008 (No charge with conference registration)
- ☐ Opening Reception May 12, 2008 (No charge)
- ☐ ANMC Reception May 13, 2008 (No charge)
- ☐ Awards Banquet May 14, 2008 (\$30, includes transportation and Alaska Heritage Center Tour)

## Hotel:

A block of rooms has been reserved at the Hotel Captain Cook in Anchorage with a special group rate of \$105 + tax single or double occupancy per night. Note: for those wishing to see some of Alaska, this rate is good for three days before and three days after the conference, on a space available basis. ***Reserve early to assure space at this great rate. Rooms this time of year in Anchorage typically cost \$200+!***

### ***Hotel Captain Cook***

939 West 5<sup>th</sup> Avenue, Anchorage, AK 99501

(907) 276-6000

[www.captaincook.com](http://www.captaincook.com)

Reservations can be made by calling the hotel directly at 1-800-843-1950 and asking for the ANMC IHS meeting.

Reservations can also be made on-line. The web booking code is ANMC08. Just go to [www.captaincook.com](http://www.captaincook.com) then click "make a reservation" then "group reservation".

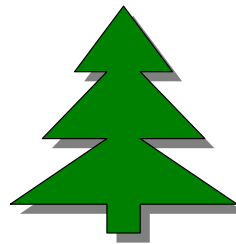
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## ***Anchorage: The Big, Wild Life!***<sup>TM</sup>

Now, we know that you can't travel all this way without getting a taste of adventure! Check out the Anchorage Visitor's Bureau to get information about things that you can do while you're here: <http://www.anchorage.net/>



## **Green Conference**



As part of our commitment to being more environmentally responsible, we are initiating efforts to "go green" for this conference. Examples of our strategies include:

- E-mail and web-based advertisement/ brochures
- Registration available via e-mail
- Handouts printed double-sided on recycled paper
- Not handing out conference bags – participants are encouraged to recycle bags from previous conferences. If you bring a bag from another conference, we'll enter you into a door prize drawing. If you bring more than one or you bring a bag from a previous IHS Nursing Conference, you'll be entered twice! Don't worry, we'll have some that we're recycling if you don't have one or forget yours. Instead of conference bags we'll be handing out stainless steel travel mugs that you can use for years to come!
- Water stations instead of bottled water
- Reusable dishes and cutlery instead of disposable products, whenever possible
- Our meeting place is within walking distance of many wonderful sites